



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
**2025-2026**

School Name & Location Number:	James H. Bright/J. W. Johnson Elementary								
Principal:	Claudine Winsor, Principal								
Phone Number:	305-885-1683								
School Wellness/Healthy School Team Leader:	Catalina Colella								
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Lissette Garcia, Assistant Principal</td> <td style="width: 50%; border: none;">Esmeralda Duran, Food Service Manager</td> </tr> <tr> <td style="border: none;">Catalina Colella, School Counselor</td> <td style="border: none;">Gilberto Aleman, PE Teacher</td> </tr> <tr> <td style="border: none;">J. Montes, Student</td> <td style="border: none;">Ciara Almuina, Secretary</td> </tr> <tr> <td style="border: none;">Darelys Almanza, EESAC</td> <td style="border: none;">Lisdeny Viamontes, Community Involvement Specialist</td> </tr> </table>	Lissette Garcia, Assistant Principal	Esmeralda Duran, Food Service Manager	Catalina Colella, School Counselor	Gilberto Aleman, PE Teacher	J. Montes, Student	Ciara Almuina, Secretary	Darelys Almanza, EESAC	Lisdeny Viamontes, Community Involvement Specialist
Lissette Garcia, Assistant Principal	Esmeralda Duran, Food Service Manager								
Catalina Colella, School Counselor	Gilberto Aleman, PE Teacher								
J. Montes, Student	Ciara Almuina, Secretary								
Darelys Almanza, EESAC	Lisdeny Viamontes, Community Involvement Specialist								
Committee Meeting Dates (list at least 4):	1/26; 2/26 (Faculty Meeting); 3/26 (EESAC); 4/26 (Faculty Meeting)								
<b>ACTION PLAN</b>									
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <span style="float: right;">Type text here</span> <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare								
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition:</b>            Promote free breakfast and proper eating habits; provide healthy meals to students</p> <p><b>Physical Education:</b>            Fitnessgram testing</p> <p><b>Physical Activity:</b>            Relay races; calisthenics</p> <p><b>Health and Nutrition Literacy:</b>            MDCPS Videos promoting nutrition - Pacing Guide</p> <p><b>Preventive Healthcare:</b>            Wellness Program and Health Fair</p>								

<p>Sustainability Practices:</p>	<p>Posting environmental advocacy and educational flyers and information throughout the school          Using "shared tables" to teach students to redistribute food rather than discard it</p>
<p>Community Engagement:</p>	<p>Health Fair on campus          Share Your Heart and Project Upstart to help provide goods to families in need</p>
<p>Monitoring and Evaluation:</p>	<p>Committee meetings sign-in sheets/agendas          Re-establish garden beds for the upcoming school year</p>
<p>Other Activities:          If applicable, attach supporting documentation          (e.g. event flyer)</p>	<p>Re-establish the morning "Run for Your Heart" to help promote student fitness and health.</p>